

TRUE NORTH: A SERIES FOR MEN

Episode 08 – Men Need Mates

Episode 08 - Men Need Mates

1. Warren Farrell said:

“Interpersonal connection is the single most important predictor of happiness.” *Warren Farrell*

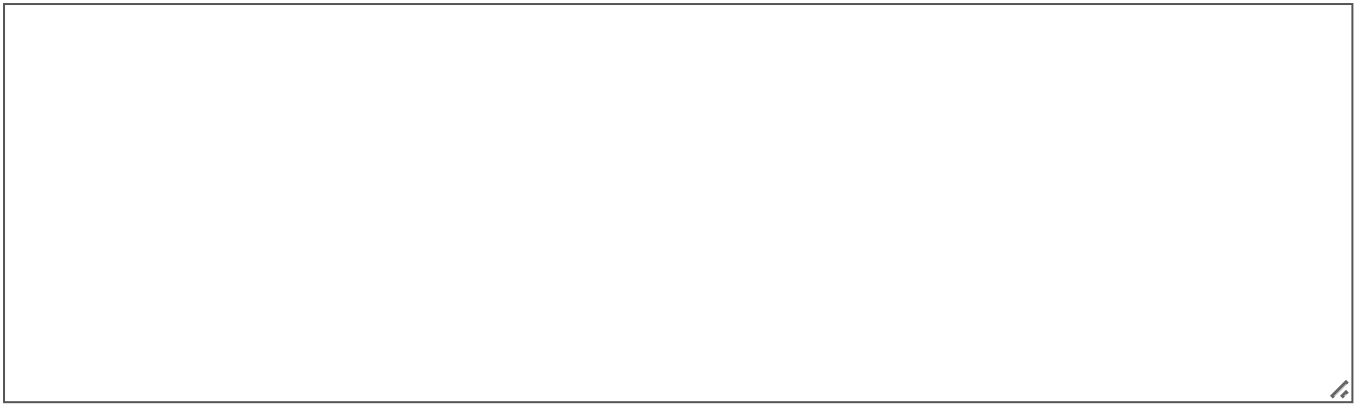
Do you agree? Why?



2. In his talk, Al quotes Sebastian Junger:

“A person living in a modern city or suburb can, for the first time in history, go through an entire day or an entire life, mostly encountering complete strangers. They can be surrounded by others and yet feel deeply, dangerously alone.” *Sebastian Junger*

Is this true for the place, suburb, town where you live? If yes, how will this effect many men?



3. Is the smart phone a help or a problem in making the 'interpersonal connections' that Warren Farrell speaks about?



4. Ed Davies said:

"Men relate to each other differently to the way women relate to each other". *Ed Davies*

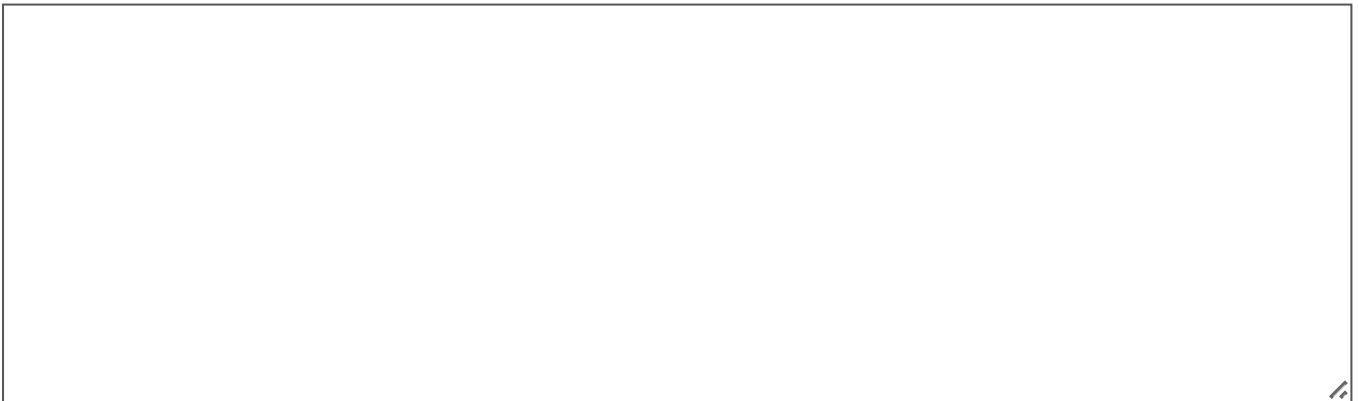
a) Do you agree? Can you provide examples to back up your answer?



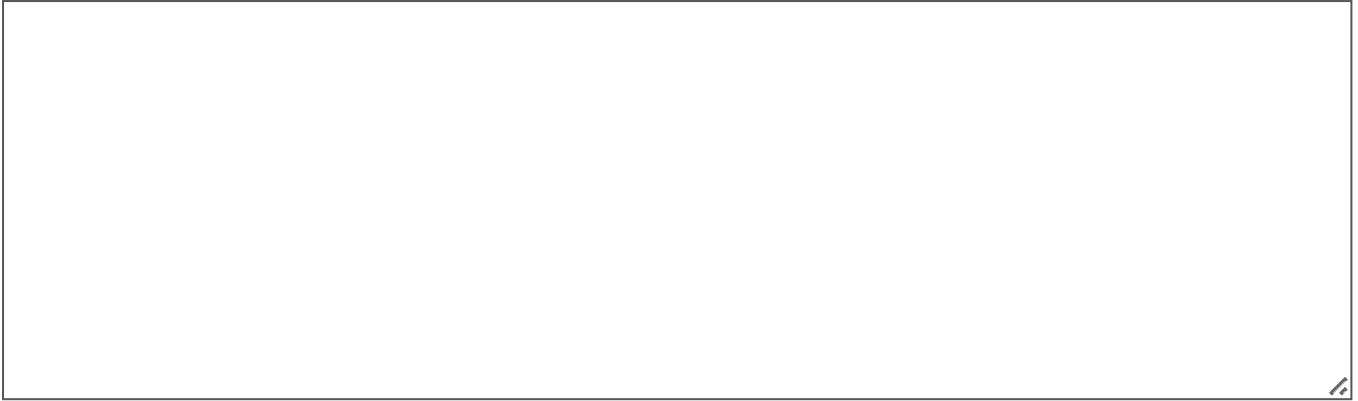
b) Why did 'going fishing' work as a way of getting men talking to each other?**5. What gets in the way of men of any age making real and deep friendships?**

6. In his personal story, Sam Fromm reflected on life in his rural town:

"Over time I realised that some people are weary of saying goodbye, and they didn't want to connect because they would have to say goodbye again." *Sam Fromm*

a) Have you ever felt this weariness?

b) What is the cost of making new friends, or friends who will most likely leave one day?



c) Are there answers, encouragements to keep going at welcoming people?



7. Sam Fromm also said:

"Stronger men equals stronger churches equals stronger communities..." Sam Fromm

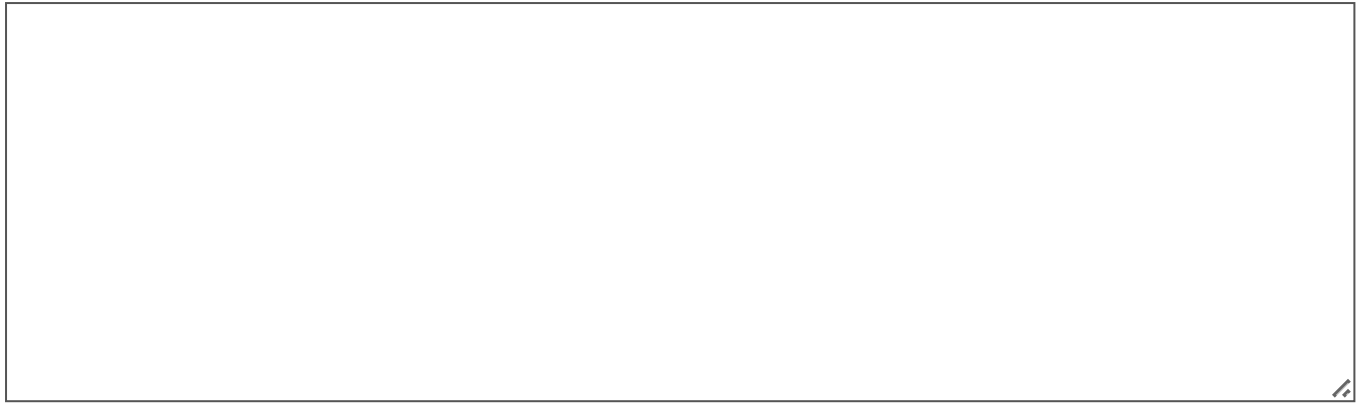
How and where do you see that happening in the church and community where you live?



8. Matt Fuller said that a hard word from a friend went "straight to the (his) heart because of who said it".

"Wounds from a friend can be trusted, but an enemy multiplies kisses." Proverbs 27:6



What are the implications of this, for being a good friend?

9. Read the following Bible passage: John 15:13-15 ESV

“Greater love has no one than this, that someone lay down his life for his friends. You are my friends if you do what I command you. No longer do I call you servants, for the servant does not know what his master is doing; but I have called you friends, for all that I have heard from my Father I have made known to you.”

What does Jesus mean when He calls the men who follow him ‘friends’. What are the implications for a man who follows Jesus?



10. The New Testament speaks about Christian men as “even more than friends – as brothers”. Around 200 times the New Testament writers address Christian men as brothers.

“Both the one who makes people holy and those who are holy are the same family. So Jesus is not ashamed to call them brothers and sisters.” *Hebrews 2:11*

What does Jesus expect of His men who are “brothers”? What does a genuine ‘brotherhood of Christian men’ look like?



