

TRUE NORTH: A SERIES FOR MEN

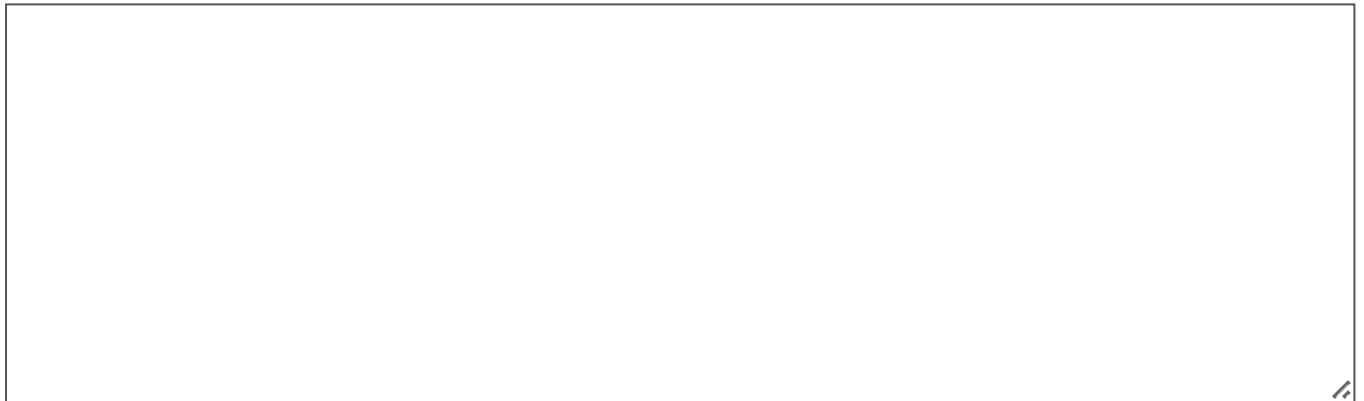
Episode 02 – Defining Masculinity

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1. Karl quoted Richard Reeves on the 'Diary of a CEO' podcast:

"We treat men like malfunctioning women." Richard Reeves

1. Do you agree? How and why has our culture devalued masculinity?



2. Matt Fuller said in the episode:

"Andrew Tate and plenty of others, they would say... 'be a man' ... that means use your strength and use your leadership and use it in the service of self... use it to subjugate women, use it to dominate, use it to win..." Matt Fuller

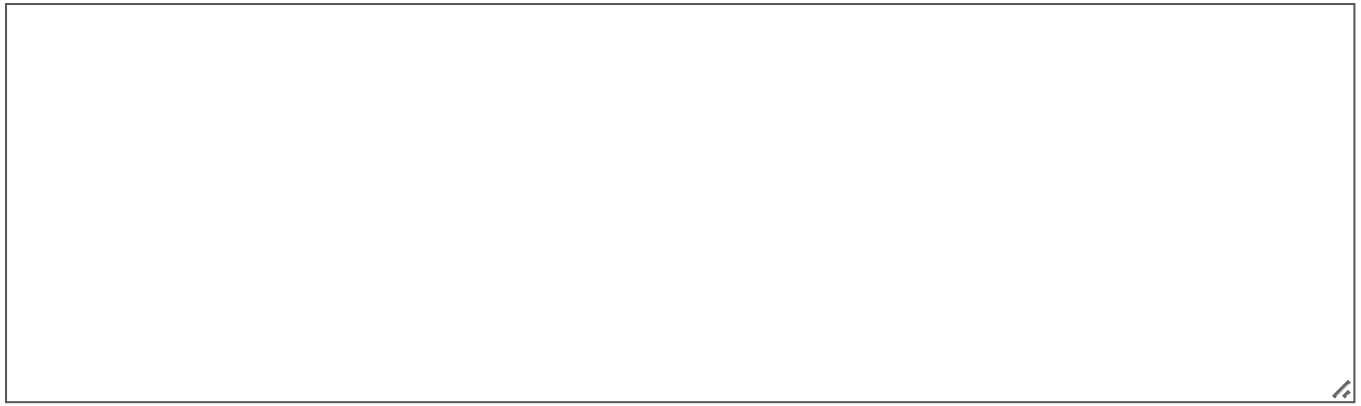
a) Is there such a thing as “toxic masculinity”?**b) If yes, what does this look like? What should our reaction be to this behaviour?****3. Read the following Bible passage:**

Mark 10:42-45

“Jesus called them together and said, “You know that those who are regarded as rulers of the Gentiles lord it over them, and their high officials exercise authority over them. Not so with you. Instead, whoever wants to become great among you must be your servant, and whoever wants to be first must be slave of all. For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many.”

What does Jesus say is the way to greatness? Could this ever get traction with young men?





4. Nancy Pearcey stated:

“Let’s just start with biology...men are bigger, stronger, faster, 75% more upper body muscle mass, 90% greater upper body strength. They have more fast twitch muscles. That means they can react more quickly. ... and of course, testosterone means that on average, they are more aggressive and risk-taking.” *Nancy Pearcey*

a) Given these differences, how should men behave in relation to women and children?



b) Why would people deny these obvious differences, eg men in women’s sports?



5. Read the following quotes from the episode:

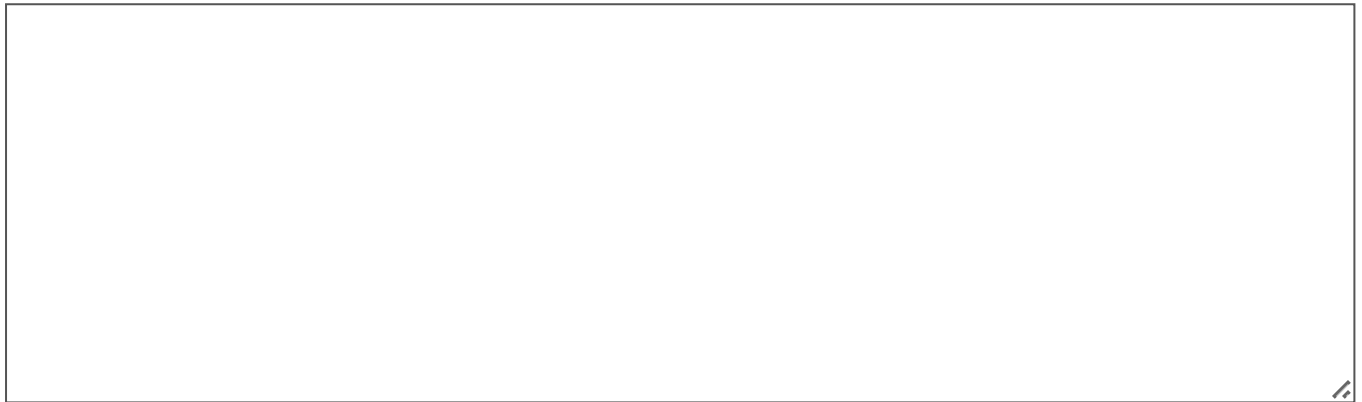
“A good man will protect, provide and procreate, meaning mentor the next generation. Not always literally as a father, but you know, raising up, pouring yourself into the next generation.”

So protect, provide, and procreate...All around the world, young men had no trouble answering that question. They would immediately start listing duty, honour, integrity, sacrifice, do the right thing. Look out for the little guy. Be a provider, be a protector, be responsible. Be generous. Men have an innate, inherent, universal sense of what it means to be a good man."

Nancy Pearcey

"Men, strong men, can bring mentorship, responsibility, safety, protection, knowledge, wisdom, confidence." *Ian Rowe*

Can you come up with a definition or a description of "healthy masculinity"?



6. In his personal story, Matt Rogerson said:

"Much of what is worthwhile doing in life requires some sort of risk, requires some sort of discomfort." *Matt Rogerson*

Do you agree? Have you got examples?



7. Dr Owen Boyd said in the episode:

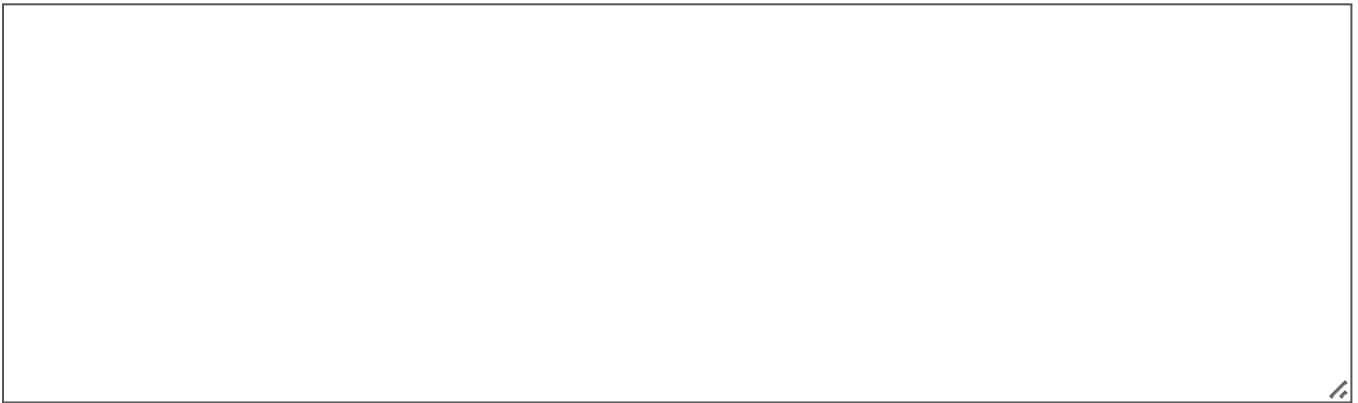
"Men inherently take risks, more so than women. Calculated risk is a good thing. I like risk within the bounds of a deeply considered approach to it. I do not like the way our society

currently is becoming crushed under compliance and risk management because it's having an inflationary impact and it's having a soul impact on individuals." *Dr Owen Boyd*

a) Do you agree that some risk in life is essential and inevitable?



b) What are your thoughts on taking and controlling risk?



c) Ninety percent of those who are awarded bravery medals are male, but also 90% of the prison population are male. What does this say about testosterone and what wisdom should we learn about living with it?



8. Read the following Bible passages:

To Young Men:



“In the same way, you who are younger, submit yourselves to your elders. All of you, clothe yourselves with humility toward one another, because, “God opposes the proud but shows favour to the humble.” *1 Peter 5:5*

“Similarly, encourage the young men to be self-controlled.” *Titus 2:6*

To Older Men:

“Teach the older men to be temperate, worthy of respect, self-controlled, and sound in faith, in love and in endurance.” *Titus 2:2*

